

# More favorite lettuce

Continuity for all seasons

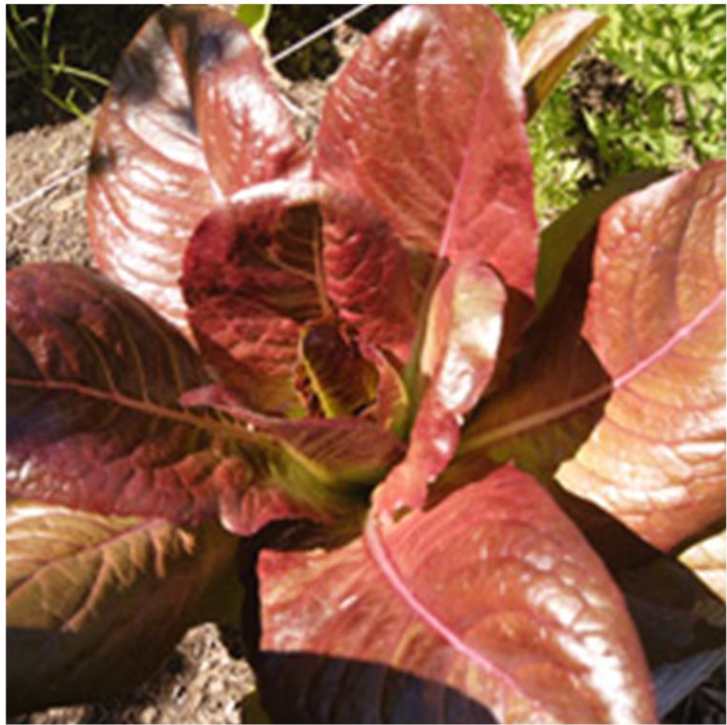


Buttercrunch for fall



## Crops to Grow in Winter - Lettuce

Silvia- another star of my winter garden, well into winter with no protection



Winter Density- You can plant in September, winter over to mature in March



# Crops to Grow in Winter -Lettuce

Grand rapids - fast growing, tolerates low light levels of the winter cold-frame.



Red deer tongue - this one seemed to thrive on my neglect, living through the winter without protection, and drying out badly, yet still producing leaves!



# Planting Spinach in September and October

- ▶ For best results plant under some sort of crop protection
- ▶ Spinach is less likely to bolt in the fall, when days are getting shorter and cooler.
- ▶ Sometimes spinach will overwinter as very small plants but will start to grow and produce big leaves in March, and April.
- ▶ I am still eating mine from last fall.



# Planting in September

- ▶ Last chance to plant spinach, lettuce, corn salad, and greens.
- ▶ A big planting of Bok Choi now, under some sort of shelter like a cold frame or unheated greenhouse will last most of the winter.
- ▶ Think of your cold frame or greenhouse as an outdoor fridge for your lettuce, chard, and greens. They won't grow much over winter, but they stay very fresh.
- ▶ Nikki Jabbour grows *year-round* in Nova Scotia using a cold frame.  
<https://savvygardening.com/garden-with-a-cold-frame/>



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